

# ageLOC® WELLSPA iO™



ageLOC WellSpa iO delivers more of the benefits every body needs to thrive. It's the personalized wellness and beauty device and self-care system to restore, revitalize, and rejuvenate. All so you can look and feel like your whole best self.

## MEET ageLOC WELLSPA iO

Restore your overall wellness to feel more balanced, revitalize your skin for a self-confidence win, and rejuvenate after exercise or a long day with the power of ageLOC WellSpa iO—our personalized wellness and beauty device system. The exclusive design features adaptive microcurrent technology that comfortably adjusts to your skin in real-time, a bluetooth-connected app to keep you meeting and exceeding your goals, and powerfully formulated ageLOC products that produce quick results you can feel and see.

Unleash the freedom to feel whole again with ageLOC WellSpa iO.

## WHY YOU'LL LOVE IT

### RESTORE BENEFITS

Restores overall feeling of wellbeing for better holistic wellness.

- Improve fluid movement
- Supports the body's natural process to remove impurities/improve purification through massage
- Supports skin purification/remove impurities
- Gently stimulates the skin to help reduce the appearance of puffiness
- Helps stimulate and purify the body to refresh skin
- Supports overall health and wellbeing
- Helps you feel relaxed and reduce stress
- Helps depuff the skin's appearance through skin stimulation
- Helps to energize the body
- ageLOC targets the sources of aging to preserve the look of youth and reduce the appearance of aging
- Helps to feel more centered/balanced
- Helps you look and feel better

## REVITALIZE BENEFITS

Revitalizes your appearance for better body confidence.

- Reduces the appearance of dimpled skin for a smoother, radiant skin
- Visibly contours by minimizing the appearance of cellulite/dimpled skin for smoother, radiant skin
- Visibly firms and tightens skin for a more youthful appearance
- Evens skin tone for a visibly brighter, vibrant skin
- Helps reduce crepey-looking skin
- Helps to nourish the skin to promote clearer, smoother and healthier skin
- Helps to revitalize your appearance
- Visibly tones and sculpts through skin invigoration
- Hydrates and helps smooth the skin
- ageLOC targets the signs of aging to help maintain the look of youth and delay the appearance of aging
- Helps to nourish the skin to promote clearer, smoother and healthier skin

## REJUVENATE BENEFITS

Rejuvenates your body for better pre- and post-workout performance.

- Provides a great pre-workout massage, helping your muscles to feel invigorated and ready to go
- Provides a great post-workout massage, helping to stimulate sore muscles and encourage your tired body to feel relaxed
- Helps to increase mobility
- Encourages overall body relaxation that leaves you feeling refreshed
- Helps your body to feel rejuvenated and relaxed
- Provides a smooth, comfortable massage while contributing to skin stimulation

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- Helps to increase body mobility through massage
- Helps muscles to feel less sore through massage
- ageLOC targets the sources of aging to preserve the look of youth and reduce the appearance of aging

## DEVICE FEATURES

- The surface topography provides a smooth, comfortable experience while contributing to skin stimulation.
- The nodes and current together encourage inner fluid movement for purification, stimulation, and circulation.
- The patent-pending adaptive microcurrent continuously and comfortably adjusts to your skin in real time—for an optimized, just-for-you treatment, every time.
- The silicone sleeve was designed to make cleaning simple and minimize mess.

## NU SKIN VERA® APP FEATURES

- Designed to customize and complement as you restore, revitalize, and rejuvenate, to help you conquer your everyday wellness and beauty goals.
- Tutorials to guide you every step of the way.
- Delivers complementary product recommendations to help you reach your personal skincare goals.
- Easy reordering so you always have your products on hand.
- Designed to provide a personalized iO Score to help you stay motivated and reach your wellness and beauty goals.
- Developed to track your unique usage for fun, incentivizing badges.
- Ongoing optimization through both app and device updates.

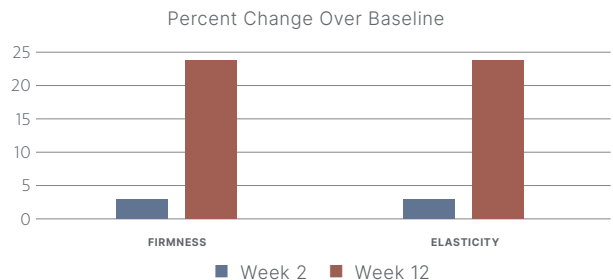
## CLINICAL RESULTS THAT PROVE IT REVITALIZE STUDY

Thirty-three female subjects between 25–60 years of age with mild to moderate cellulite on the back of their upper thigh, back of upper arms and/or abdomen were recruited to use the ageLOC WellSpa iO Revitalize Regimen. This regimen consisted of using ageLOC Body Polish as an exfoliating cleanser in the above areas, the WellSpa iO device with ageLOC Body Serum for three minutes, three times per week, and ageLOC Dermatic Effects® twice daily. Each area was evaluated by clinical grading and self-perception at baseline and weeks 2, 4, 8, and 12.

The back of the upper thigh was also evaluated by instrumentation at these same time points.

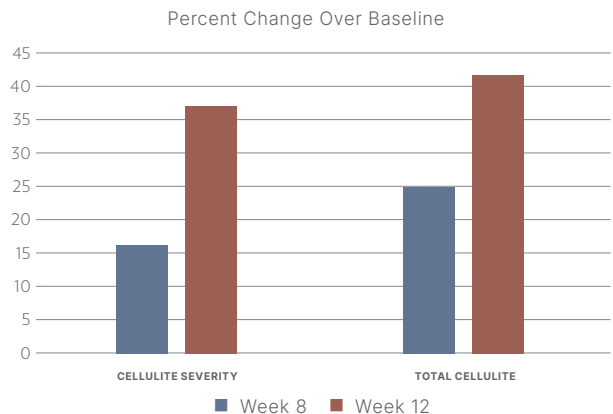
The Cutometer results illustrating the improvements in skin firmness and elasticity on the thigh are presented below.

### Instrumentation: Cutometer



The clinical grader assessed the appearance of cellulite for each area. Below is a representation of the changes seen on the thigh.

### Clinical Grading: Appearance of Thigh Cellulite



Subjects also noted improvements in their skin's appearance within the following attributes for each area:

- Cellulite
- Firmness
- Contouring
- Tightness
- Smoothness
- Hydration
- Overall appearance

Our research has also illustrated that with increased frequency and timing of using WellSpa iO with ageLOC Body Serum, benefits can be seen more quickly and with more significant results through 12 weeks.

## REJUVENATE STUDY

Thirty-two subjects (50% male, 50% female), ages 25-60, completed a two-week consumer perception study. All subjects were moderately to very active (exercised four+ times per week). Subjects used ageLOC WellSpa iO + ageLOC Body Activating Gel four times per week on at least three different muscle groups (such as biceps, triceps, quadriceps, hamstrings, abdominals/obliques, calves, forearms and/or shoulders) for at least one minute per muscle group, following the ageLOC WellSpa iO Rejuvenate Regimen. Subjects used the device and topical both pre- and post-workout as part of their evaluation. After two weeks of use:

- 100% of subjects agreed, "Provides a great pre-workout massage, helping my muscles feel invigorated and ready to go."
- 100% of subjects agreed, "Provides a great post-workout massage, helping to relieve muscle tension and encourage relaxation."
- 97% of subjects agreed, "Provides a post-workout massage helping to relax sore (tired) muscles and promote muscle rejuvenation."
- 100% of subjects agreed, "Provides a smooth, comfortable massage while contributing to skin stimulation/relaxation."
- 100% of subjects agreed, "Provides a smooth, comfortable massage to body before & after fitness."
- 100% of subjects agreed, "Using the product system encourages overall body relaxation and leaves me feeling refreshed/helps to unwind after a long day."
- 97% of subjects agreed, "Helps my body feel rejuvenated and relaxed."
- 100% of subjects agreed, "Helps increase my body mobility/viability through massage."
- 100% of subjects agreed, "The product system helps me feel more relaxed/reduces stress."

## HOW TO USE IT

Before use, please refer to the ageLOC WellSpa iO manual for safety information and the Vera® app for usage directions. Whichever routine you choose, we formulated our luxurious, leave-on products with ageLOC technology that targets the sources of aging to preserve the look of youth—even after your treatment is done.

## ageLOC WELLSPA iO + ageLOC BODY SERUM

Use three times per week to daily. After cleansing, apply a generous amount of ageLOC Body Serum onto problem area to be treated (e.g., upper arms, upper thigh/buttock, or abdomen) and begin treatment with WellSpa iO, focusing on upward/inward movements, gliding up in slow, circular motions and massaging back to the start. Reapply as needed during the session to ensure smooth, continuous connectivity between the skin and device. Massage any remaining serum into the skin.

For best results, cleanse with ageLOC Body Polish as the first step, followed by ageLOC Dermatic Effects® at the end of your routine.

## ageLOC WELLSPA iO + ageLOC BODY ACTIVATING GEL

Apply a generous amount of ageLOC Body Activating Gel to the desired treatment area up to once a day. Focusing on upward/inward movements, glide the device straight upward or in slow, circular massaging movements upward and lightly back to the start. Use with your ageLOC WellSpa iO device. Massage any remaining gel into your skin.

**Note:** Connect to the Nu Skin Vera app or see the ageLOC WellSpa iO manual for complete usage details.

## WHAT POWERS OUR ageLOC BODY PRODUCTS

### ageLOC BODY SERUM

ageLOC Body Serum is used with the WellSpa iO device and was formulated to target visible contouring, reduction in cellulite appearance, and improved skin brightness and overall appearance. Not only can it help to visibly firm and tighten the skin, but it also has great hydrating ingredients that help reduce visible skin crepiness, leaving your skin smooth and more youthful looking.

- Body Silhouette Blend—a unique blend of botanical ingredients that targets multiple concerns related to the appearance of skin on the body—firmness, lifting, contouring, and smoothing the appearance of cellulite.
- AI Peptide—a unique natural oligopeptide identified via AI to have key benefits for skin in firming, smoothing, and antioxidant protection.
- Caesalpinia Spinosa Fruit & Kappaphycus Alvarezii Extract—a weightless-feeling film-former that mechanically improves the lifted and firmed

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appearance of skin.

- Skin Conditioning Blend (sunflower, macadamia, allantoin, and panthenol)—helps to improve the look and condition of skin by reducing flaking and restoring skin suppleness.
- ageLOC Blend—a proprietary ingredient blend that targets the sources of aging to preserve the look of youth.

## ageLOC BODY ACTIVATING GEL

ageLOC Body Activating Gel is a refreshing formula used with your Restore and Rejuvenate WellSpa iO routines. It's formulated to work with the ageLOC WellSpa iO device to help you look and feel your best.

- Lotus Corniculatus—helps target mechanisms involved in the movement of fluids.
- ageLOC Blend—is proprietary ingredient blend that targets the sources of aging to preserve the look of youth.
- WellBe Blend—a unique blend of Crithmum Maritimum and Ashwagandha extracts that help target the overall feeling of wellbeing.

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## YOU MIGHT ALSO LIKE

- ageLOC Body Polish
- ageLOC Dermatic Effects®
- ageLOC TR90 System

## LEARN MORE ABOUT IT

### How do you integrate wellness and beauty in one device?

We treat our bodies like an ecosystem and want holistic solutions that complement our personal wellness and evolving needs. ageLOC WellSpa iO does just that. From the powerful ageLOC formulas to the unique topography, adaptive microcurrent, and connected iO experience, ageLOC WellSpa iO system provides restoring, revitalizing, and rejuvenating wellness and beauty benefits that help you look and feel your best.

### ageLOC Body Serum and ageLOC Body Activating Gel have similar key ingredients—how do they provide different benefits?

Ingredients can have different types of benefits that fit different desires. This is, in part, due to differences in extraction methods for extracts. Or, at other times the same ingredient can have different targets. For example, Lotus Corniculatus Extract can help visibly improve the look of cellulite while also

targeting with the movement of fluids. So, while an ingredient may be in one formula for one reason, it may have different benefits in another formula.

### What are the three Rs, and how do they impact my wellbeing?

The ageLOC WellSpa iO system is designed to deliver the power of overall wellness, body confidence, and rejuvenation through our three Rs—Restore, Revitalize, and Rejuvenate.

- Restore—Designed to improve purification, depuff and energize your skin, and feel your best any time of the day as ageLOC WellSpa iO system restores a feeling of total-body health.
- Revitalize—ageLOC WellSpa iO system helps you look your best as it stimulates your skin to visibly firm, tighten, brighten, tone, and hydrate—while helping to reduce the appearance of cellulite.
- Rejuvenate—Designed to invigorate your muscles to get them ready to go, and provide a great post-workout massage that helps stimulate sore muscles, and encourages your tired body to feel relaxed.

### What benefits will I enjoy because of Adaptive Microcurrent Technology?

The short answer is that it's designed to help you maximize your wellness and beauty goals. But to be technical, the microcurrent continuously and comfortably adjusts to your skin in real time—for an optimized, just-for-you treatment every time. Plus, when you pair ageLOC WellSpa iO with our luxurious, leave-on products, the ageLOC technology targets the sources of aging to preserve the look of youth—even after your treatment is done.

### How is ageOC WellSpa iO System unique?

ageLOC WellSpa iO is a complete reimagination of the at-home spa experience. It utilizes Adaptive Microcurrent that continuously adapts to the changes in your skin conductivity throughout each session to provide you with an optimal and comfortable experience. ageLOC WellSpa iO also incorporates one-of-a-kind, patent-pending\* metallic nodes that help provide a smooth, comfortable massage while contributing to skin stimulation—designed to perfectly fit the contours of your body and glide smoothly over your skin. The accompanying topicals (ageLOC Body Serum and ageLOC Body Activating Gel) are a seamless leave-on experience packed with powerful ingredients. At

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the same time, ageLOC Body Polish provides complementary benefits of cleansing and polishing the skin for a smooth, radiant finish. This system not only helps to contour and beautify the skin, but it also revitalizes for an overall uplifting experience as you personalize your wellness and beauty journey.

## **How does the microcurrent in WellSpa iO differ from ageLOC Galvanic Body Spa®?**

ageLOC Galvanic Body Spa utilizes a pulsing direct current to stimulate the skin. WellSpa iO utilizes Adaptive Microcurrent. This is a biphasic pulsing current that continuously adapts to the conductivity of the skin in real time. The ability to adjust to the skin's conductivity allows the device to provide the optimal current intensity without compromising comfort.

## **What is the maximum amount of time recommended to use ageLOC WellSpa iO?**

You may use your ageLOC WellSpa iO device system up to 5 minutes, per body area, per day.

## **Why are there different usage movements for ageLOC WellSpa iO?**

Those looking to restore their wellbeing target an entire area (e.g., the whole thigh, the entire arm) and focus on basic upward and inward movements over the limb. When looking to revitalize your appearance, users will want to use movements that are directed up and/or inward, but also provide some gentle massaging of the area to help improve the appearance of the skin. These areas are likely more targeted as opposed to the entire limb. During a rejuvenating routine, specific muscle groups are being targeted through gentle massage to help them relax. Therefore, smaller, circular, upward/inward motions are desired.

## **Why do the metallic nodes have such a unique shape?**

The ageLOC WellSpa iO device's one-of-a-kind metallic node design was created to help provide a smooth, comfortable massage while contributing to skin stimulation and the movement of body fluids. The device was designed to perfectly fit to the contours of your body and glide smoothly over your skin.

## **Do I have to connect with the app to use my ageLOC WellSpa iO?**

You'll still enjoy all the great wellness and beauty benefits if you don't connect. However, ageLOC WellSpa iO is created to connect so you'll want to benefit from all the features developed exclusively for you, including personalized goal setting, guided tutorials, custom routines, and usage tracking.

## **How do I know which routine is right for me?**

You know your wellness and beauty needs best, and there are plenty of routines to choose from once you're in the Nu Skin Vera® app. Feel free to try them all to get all the benefits we're sure your skin and body will love.

## **How does ageLOC WellSpa iO support Nu Skin's commitment to sustainability?**

As responsible stewards of our planet, we have proudly designed the ageLOC WellSpa iO with a rechargeable battery and to be more water resistant, increasing the device's longevity. In addition, the carton is made from 100% recycled material. Please check your local device recycling capabilities and recycle where possible. By purchasing ageLOC WellSpa iO, you're joining us in taking an active stride to ensure the future is bright for both the planet and each of us. Please visit [www.nuskin.com/sustainability](http://www.nuskin.com/sustainability) for more information and details on how to recycle.

## **WHAT'S IN IT**

### **ageLOC BODY SERUM**

Water (Aqua), Glycerin, Propanediol, Pentylene Glycol, PEG-16 Macadamia Glycerides, PEG-10 Sunflower Glycerides, PEG-40 Hydrogenated Castor Oil, Carthamus Tinctorius (Safflower) Seed Oil, Carbomer, Hydroxyacetophenone, Panthenol, Sodium Benzoate, Xanthan Gum, Camellia Sinensis Leaf Extract, Arginine, Allantoin, Fragrance (Parfum), Disodium EDTA, Caprylyl Glycol, Tocopheryl Acetate, Ethylhexylglycerin, Caesalpinia Spinosa Fruit Extract, Sodium Acetylated Hyaluronate, Hydroxypropyl Methylcellulose Stearoxy Ether, Sodium Hyaluronate, Lotus Corniculatus Flower Extract, Kappaphycus Alvarezii Extract, Crithmum Maritimum Extract, Oligopeptide-1, Citric Acid, Sodium Hydroxide.

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## ageLOC BODY ACTIVATING GEL

Water (Aqua), Butylene Glycol, Glycerin, Polysorbate 20, Aloe Barbadensis Leaf Juice, Carbomer, Aminomethyl Propanol, Fructose, Phenoxyethanol, Caprylyl Glycol, Chlorphenesin, Bisabolol, Allantoin, Panthenol, Fragrance (Parfum), Withania Somnifera Root Extract, Sodium PCA, Oryza Sativa (Rice) Extract, Lotus Corniculatus Flower Extract, Disodium EDTA, Schizandra Chinensis Fruit Extract, Sodium Hyaluronate, Crithmum Maritimum Extract.

## ageLOC BODY POLISH

Water (Aqua), Sodium C14-16 Olefin Sulfonate, Cellulose, Cocamidopropyl Betaine, Glycerin, Acrylates Copolymer, Glycolic Acid, Fragrance (Parfum), Hydroxyacetophenone, Sodium Hydroxide, Trisodium Ethylenediamine Disuccinate, Carthamus Tinctorius (Safflower) Seed Oil, Citric Acid, Papain, Camellia Sinensis Leaf Extract, Carbomer, Polyacrylic Acid, Lotus Corniculatus Flower Extract, Crithmum Maritimum Extract.

## ageLOC DERMATIC EFFECTS

Water (Aqua), Dimethicone, C12-15 Alkyl Benzoate, Honey Extract, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Lactic Acid, Ethoxydiglycol, Butylene Glycol, Isohexadecane, Cyclopentasiloxane, Hibiscus Abelmoschus Extract, Polymethyl Methacrylate, Ethylhexyl Palmitate, Aminomethyl Propanol, Cyclohexasiloxane, Cetyl Alcohol, Glyceryl Stearate, Polyisobutene, PEG-75 Stearate, Squalane, Tocopheryl Acetate, Aloe Barbadensis Leaf Juice, Algae Extract, Polysorbate 60, Chlorphenesin, Phenoxyethanol, Helianthus Annuus (Sunflower) Seed Oil, Ceteth-20, PEG-7 Trimethylolpropane Coconut Ether, Steareth-20, Echinacea Purpurea Extract, Fragrance (Parfum), Disodium EDTA, Glyceryl Polymethacrylate, Sorbitan Isostearate, Ilex Paraguariensis Leaf Extract, Laminaria Digitata Extract, PEG-8, Ceramide NG, Trihydroxystearin, Stearyl Alcohol, Chenopodium Quinoa Seed Extract, Sodium Hyaluronate, Palmitoyl Hexapeptide-12.



Scan the QR code to connect with Vera®

For more information, please consult the ageLOC WellSpa iO User Manual [here](#).